



Breakfast/Dejeuner

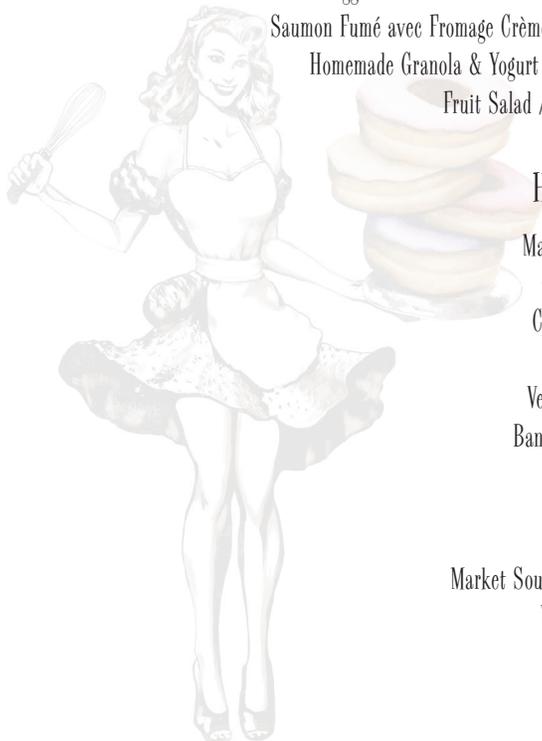
- Bacon, Egg and Cheese Sandwich / Sandwich Oeuf, Bacon et Fromage 4.95
- Cheese and Veggie Omelette Sandwich / Sandwich Fromage et Omelette de Legumes 4.95
- Saumon Fumé avec Fromage Crème / Smoked Salmon with Cream Cheese 5.95
- Homemade Granola & Yogurt / Yogourt and Granola fait maison 3.95
- Fruit Salad / Salade de Fruits 3.95



Lunch / Diner

Sandwiches /Sandwichs 5.95/6.95

- Bacon, Egg and Cheese Sandwich / Sandwich Oeuf, Bacon et Fromage 4.95
- Cheese and Veggie Omelette Sandwich / Sandwich Fromage et Omelette de Legumes 4.95
- Saumon Fumé avec Fromage Crème / Smoked Salmon with Cream Cheese 5.95
- Homemade Granola & Yogurt / Yogourt and Granola fait maison 3.95
- Fruit Salad / Salade de Fruits 3.95



Hot Meals

- Mac and Cheese
- Cottage Pie
- Cajun Shrimp
- Beef Stew
- Veggie Lasagna
- Bangers and Mash

Soups

- Market Soups / Soupe du Marche
- Vegan Soup



Wraps

- Chicken Ceasar/ Poulet Ceasare
- Roasted Veg with Goat Cheese / Légumes Roti avec Fromage de Chevre
- Lime Shrimp/ Crevette a la Lime
- Smoked Salmon / Saumon Fumee

Meal Salads / Salades Repas

- Chefs Salad / Salade Du Chef
- Salade Epinards et Noix / Spinach Salad with Nuts
- Chicken Orzo/ Poulet Orzo
- Quiona Chia
- Compound Salads/ Salades Composee

Dessert of the Day Varies

